

Items That We Will Not Pay For

We can often get these items for free with coupons:

Stock-up Price List

Deodorant	Sandwich Bags	Pet Treats
Floss	Barbecue Sauce	Glass Cleaner
Toothpaste	Fabric Softener	Salad Dressing
Toothbrushes	Air Freshener	Canned Soup
Shaving Cream	Feminine Products	Cake Mix/Frosting
Plastic Wrap	Candles	Ketchup

Item	Price	Size
Health and Beauty Items		
Bandages	\$0.50	30 count
Bar Soap	\$0.50	6 count
Body Wash	\$0.50	1 bottle
Hand & Body Lotion	\$0.50	325 mL
Mouthwash	\$1.00	1L
Pain Reliever	\$2.00	24 count
Razor	\$1.00	1 razor
Shampoo/Conditioner	\$1.00	1 bottle

Item	Price	Size
Household Goods		
Aluminum Foil	\$0.88	25-foot roll
Bathroom Tissue	\$2.00	48 rolls
Dishwasher Tabs	\$1.00	15 count
Dishwashing Liquid	\$0.50	304 mL
Disinfecting Wipes	\$1.00	30 count
Fabric Refresher	\$2.00	800 mL
Facial Tissue	\$0.50	1 box
Hand Soap	\$0.50	590 mL
Laundry Detergent	\$1.00	30 loads
Paper Towels	\$3.00	12 rolls

Item	Price	Size
Infant / Toddler Items		
Diapers	\$0.20	1 diaper
Baby Wipes	\$0.50	64 count
Baby Toiletries	\$1.00	1 bottle

Item	Price	Size
Pet Items		
Dry Dog Food	\$8.00	8kg
Dry Cat Food	\$10.00	8kg
Cat Litter	\$4.00	7kg

Item	Price	Size
Frozen Foods		
Frozen Chicken Strips	\$5.00	870g
Frozen Pizza	\$3.00	1 pizza
Frozen Vegetables	\$2.00	1 bag
Ice Cream	\$3.00	1 tub

Item	Price	Size
Refrigerated Items		
Bottled Water	\$1.00	12 bottles
Butter	\$2.00	1 brick
Canned Pop	\$3.00	12 cans
Cheese	\$4.00	500g
Cottage Cheese	\$2.49	500 mL
Cream Cheese	\$1.00	8 oz
Eggs	\$2.00	1 dozen
Margarine	\$1.00	454g
Milk	\$4.49	4 L
Orange Juice	\$4.00	2.63 L
Other Juices	\$1.00	various
Sour Cream	\$1.00	500 mL
Yogurt	\$1.00	650g
Whipped Topping	\$3.00	1 can

Item	Price	Size
Produce		
Apples	\$1.00	1 lb.
Bananas	\$0.77	1 lb.
Bell Peppers	\$1.49	1 lb.
Blueberries	\$2.00	170g
Broccoli	\$1.00	1 broccoli
Carrots	\$1.49	1 bag
Cauliflower	\$2.00	1 head
Cucumber	\$1.00	1 cucumber
Grapes	\$1.00	1 lb.
Lemons/Limes	\$0.33	1 item
Lettuce	\$1.00	1 item
Onions	\$1.00	2 lb. bag
Oranges	\$1.00	1 lb.
Pears	\$1.00	1 lb.
Potatoes	\$2.00	10lb. bag
Raspberries	\$2.00	170g
Strawberries	\$2.00	454g
Tomatoes	\$1.49	1 lb.
Watermelon	\$2.00	large size

Item	Price	Size
Meat		
Bacon	\$2.00	1 package
Chicken Breasts (Boneless, Skinless)	\$2.99	1 lb.
Chicken/Turkey (Whole)	\$2.00	1 lb.
Ground Beef (Lean)	\$2.99	1 lb.
Hot Dogs	\$2.00	10 count
Pork Chops	\$2.99	1 lb.

Item	Price	Size
Pantry Items		
Bread	\$1.00	1 loaf
Broth (Boxed)	\$1.50	900 mL
Canned Tomatoes	\$0.89	796 mL
Canned Vegetables	\$0.50	1 can
Cereal	\$2.00	1 box
Chocolate Chips	\$2.00	1 bag
Cooking Oil	\$2.00	946 mL
Crackers	\$1.00	1 box
Flour	\$8.00	10lb. bag
Granola Bars	\$0.50	6 count
Honey	\$3.00	500g
Jam/Jelly	\$2.00	500 mL
Mayonnaise	\$2.49	445 mL
Mustard	\$1.50	1 bottle
Olives	\$2.00	1 jar
PAM Spray	\$3.00	1 can
Pasta	\$0.50	1 box/bag
Peanut Butter	\$3.00	1 kg
Pickles	\$2.00	1L
Popcorn	\$1.00	6 count
Rice	\$6.00	8 kg
Soya Sauce	\$2.00	1 bottle
Sugar	\$2.00	2 kg
Tea	\$3.00	72 count
Tortillas	\$2.00	10 count
Tuna	\$2.00	1 can

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Body Wash		
Hand & Body Lotion		
Mouthwash		
Pain Reliever		
Razor		
Shampoo/Conditioner		

Household Goods		
Aluminum Foil		
Bathroom Tissue		
Dishwasher Tabs		
Dishwashing Liquid		
Facial Tissue		
Hand Soap		
Laundry Detergent		
Paper Towels		

Miscellaneous / Other		

Frozen Foods		
Frozen Vegetables		
Ice Cream		

Refrigerated Items		
Cheese		
Butter		
Cream Cheese		
Eggs		
Milk		
Juice		
Sour Cream		
Yogurt		

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Blueberries		
Broccoli		
Carrots		
Cauliflower		
Cucumber		
Grapes		
Lemons/Limes		
Lettuce		
Onions		
Oranges		
Pears		
Potatoes		
Raspberries		
Strawberries		
Tomatoes		
Watermelon		

Meat		
Bacon		
Chicken Breasts (Boneless, Skinless)		
Ground Beef (Lean)		

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Canned Vegetables		
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Chocolate Chips		
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Crackers		
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Jam/Jelly		
Mayonnaise		
Mustard		
Pasta		
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Pickles		
Popcorn		
Rice		
Sugar		